

Fire Instructor Workshop

Wednesday, April 13, 2022

CONTINUOUS DEVELOPMENT & IMPROVEMENT

In an effort to reinvest back into our instructors and provide continuous learning opportunities, the South Carolina Fire Academy is hosting a free Instructor Development Workshop on its campus in Columbia, S.C.



Training to Perform Under Pressure

Sports Psychology is used in professional sports and the United States Olympic teams. How does Sports Psychology relate to the fire service? Firefighters are tactical athletes who need tools to accomplish high-speed problem solving under pressure. This open and honest lecture provides the attendees information on how their bodies and minds react when the fear response is activated, how to harness this response and accomplish “flow.” Using our Reality Based Training model with sports psychology, attendees will walk away with a roadmap on how to train and the ability to perform under pressure.

Date: Wednesday, April 13, 2022

Time: 10 a.m.— 3 p.m.

Attendance Options: Attendees may attend in person, or view the live event via virtual platform.

In-Person Location: South Carolina Fire Academy, Denny Auditorium
141 Monticello Trail Columbia, S.C. 29203

Attendees: Limited to active SCFA credentialed instructors who have completed the 4174-New Instructor Orientation program

Register: 6400-22-004

<https://fire.llr.sc.gov/Portal/Registration/registration.aspx?crsidnt=73963>

Questions? Contact [Amy Williamson](#)



Rob Blasetti is a Lieutenant assigned to the Field Training branch of the Fire Academy at a large metro fire department in Northern Virginia and a member of VA-TF1/USA-1 Urban Search and Rescue Team. Before moving to Virginia, Rob worked for the City of Cape Coral Fire Department in Florida, where he held the rank of Battalion Chief of Operations with extra responsibilities of Special Operations. Since 2006, Rob has been sharing with firefighters around the country the effects environmental and mechanical stress has had on decision-making on the fire ground. Rob has taught at FDIC, Orlando Fire Conference, and Ft. Lauderdale Fire Expo. He is also a presenter for the National Olympic Committee for sports psychology and Athena Institute for education and research Conference on Psychology.

